## INTERDISCIPLINARY STUDIES FULLERTON COLLEGE

## Curriculum leads to the Associate in Arts Degree

Curriculum leads to the Associate in Arts Degree. These degree options are designed to give students a broad introduction to an area of knowledge represented by related disciplines and topics, as well as to prepare transfer students for a field of study at a university. Students will select an "Area of Emphasis" from the following four options based on their interests and their educational and career goals. All courses must be completed with a grade of "C" or better.

- Science and Mathematics
- Social Sciences
- Arts and Human Expression

Interdisciplinary Studies with an Emphasis in Science and Mathematics
These courses emphasize the natural sciences, which examine the physical universe, its life forms and its natural phenomena. Courses in math emphasize the development of mathematical and quantitative reasoning skills beyond the level of intermediate algebra. Students will be able to demonstrate an understanding of the methodologies of science as investigative tools. Students will also examine the influence that the acquisition of scientific knowledge has on human experience. This emphasis includes lower division coursework that prepares students for majors in science, math, and health related fields.
Choose at least one course from each area ( A and B ) and then complete additional courses in areas A and/or B to total 18 units.
A) Sciences

ANAT $231 \mathrm{~F}, 240 \mathrm{~F}$
ANTH 101 F or 101HF, 101LF
BIOL 100 F, 101 F or 101HF, 102 F, 102LF, 104 F, 108 F, 109 F, 141 F, 170 F, 190 F, 190LF, 222 F, 272 F, 274 F
CHEM 100 F, 101 F, 103 F, 107 F, 111AF, 111BF
ESC 100 F, 100LF, 101 F, 101LF, 103 F, 104 F, 105 F, 105LF, 106 F, 107 F, 110 F, 116 F or 116HF, 116LF, 120 F, 130 F or 130HF, 130LF, 190 F
ENVS 105 F, 105LF
GEOG 102 F or 102HF, 102LF
HED 140 F
HORT 152 F, 205 F, 207 F
MICR 220 F, 262 F
NUTR 210 F or 210 HF
PHYS $120 \mathrm{~F}, 130 \mathrm{~F}, 205 \mathrm{~F}, 206 \mathrm{~F}, 210 \mathrm{~F}, 211 \mathrm{~F}, 221 \mathrm{~F}, 222 \mathrm{~F}, 223 \mathrm{~F}$
B) Mathematics

BUS $101 \mathrm{~F}, 151 \mathrm{~F}$
MATH 100 F, 120 F or 120HF, 121 F, 129 F, 130 F, 131 F, 141 F or 141HF, 142 F, 143 F, 144 F, 151 F or 151HF, 152 F or $152 \mathrm{HF}, 170$ F, 171 F, 172 F, 251 F, 252 F, 255 F, 260 F
PSY 161 F or 161 HF
SOSC 120 F

## Interdisciplinary Studies: Arts and Human Expression Associate in Arts

PROGRAM CODE: $2 A 18164$
These courses emphasize the study of cultural, literary, humanistic activities and artistic expression of human beings. Students will evaluate and interpret the ways in which people through the ages in different cultures have responded to themselves and the world around them in artistic and cultural creation. Students will also learn to value aesthetic understanding and incorporate these concepts when constructing value judgments. This emphasis includes lower division coursework that prepares students for majors in fine arts, foreign languages, literature, and philosophy.
Choose 18 units of coursework, including two or more disciplines, from the following list:

## Restricted Electives



ART 100 F, 118 F, 120 F, 121 F, 153 F, 154 F, 160 F, 174 F, 179 F, 182 F, 184 F, 185 F, 186 F, 187 F, 188 F, 189 F, 210 F, 293 F
ARTH 100 F, 105 F, 115 F, 120 F, 125 F, 130 F, 135 F, 140 F, 145 F, 150 F, 155 F or $155 \mathrm{HF}, 160$ F, $165 \mathrm{HF}, 170 \mathrm{~F}$
BUS 112 F
CDES 242 F
COMM 100 F, 105 F, 124 F, 135 F
CRTV 120 F, 121 F, 126AF, 126BF, 131 F
DANC $100 \mathrm{~F}, 120 \mathrm{~F}, 200 \mathrm{~F}, 210 \mathrm{~F}$
ENGL 102 F or 102HF, $105 \mathrm{~F}, 203 \mathrm{~F}, 204 \mathrm{~F}, 207 \mathrm{~F}, 208 \mathrm{~F}, 210 \mathrm{~F}, 211 \mathrm{~F}$ or $211 \mathrm{HF}, 212 \mathrm{~F}$ or $212 \mathrm{HF}, 221 \mathrm{~F}$ or 221 HF , 222 F or $222 \mathrm{HF}, 224 \mathrm{~F}$ or $224 \mathrm{HF}, 225 \mathrm{~F}$ or $225 \mathrm{HF}, 234 \mathrm{~F}$ or $234 \mathrm{HF}, 239 \mathrm{~F}, 240 \mathrm{~F}, 243 \mathrm{~F}$ or $243 \mathrm{HF}, 245 \mathrm{~F}, 246 \mathrm{~F}, 248 \mathrm{~F}$, 249 F, 251 F, 254 F, 255 F
ETHS 111 F or $111 \mathrm{HF}, 129 \mathrm{~F}$ or $129 \mathrm{HF}, 130 \mathrm{~F}$ or $130 \mathrm{HF}, 151 \mathrm{~F}, 160 \mathrm{~F}, 171 \mathrm{~F}$
FASH 242 F, 244 F
Foreign Language: CHIN, FREN, GERM, ITAL, JAPN, PORT, SPAN 101 F or 101HF, 102 F or 102HF, 201 F, 203 F, 204 F, 205 F, 206 F, 207 F
HIST 110 F or $110 \mathrm{HF}, 111 \mathrm{~F}$ or $111 \mathrm{HF}, 112 \mathrm{~F}$ or $112 \mathrm{HF}, 113 \mathrm{~F}$ or $113 \mathrm{HF}, 120 \mathrm{~F}, 121 \mathrm{~F}, 127 \mathrm{~F}, 154 \mathrm{~F}, 165 \mathrm{~F}$ or 165 HF , 170 F or $170 \mathrm{HF}, 171 \mathrm{~F}$ or 171 HF , 270 F
IDES 180 F
MUS 101 F, 106 F, 107 F, 110 F, 113 F, 116 F, 118 F, 119 F, 120 F, 165HF
PHIL 100 F or $100 \mathrm{HF}, 101 \mathrm{~F}, 105$ F or $105 \mathrm{HF}, 135 \mathrm{~F}, 160 \mathrm{~F}, 195 \mathrm{~F}, 200 \mathrm{~F}, 201 \mathrm{~F}, 202 \mathrm{~F}, 210 \mathrm{~F}, 220 \mathrm{~F}, 250 \mathrm{~F}, 270 \mathrm{~F}$
PHOT $101 \mathrm{~F}, 111 \mathrm{~F}$
THEA 100 F, 104 F, 105 F, 106 F, 109 F, 127 F, 160 F, 161 F, 162 F, 165HF

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- Science and Mathematics
- Social Sciences
- Arts and Human Expression
- Social Behavior and Self-Development


## Interdisciplinary Studies: Social Sciences Associate in Arts

## PROGRAM CODE: 2A18165

These courses emphasize the perspective, concepts, theories and methodologies of the variety of disciplines that comprise study in the Social Sciences. Students will study human experience in the context of the larger society. Student will study how individuals, social subgroups, and societies operate in relation to each other. This emphasis includes lower division coursework that prepares students for majors in the social sciences.
Choose 18 units of coursework, including two or more disciplines, from the following list:

## Restricted Electives



ANTH 101 F or 101HF, 102 F or $102 \mathrm{HF}, 103 \mathrm{~F}$ or $103 \mathrm{HF}, 105 \mathrm{~F}$ or $105 \mathrm{HF}, 107 \mathrm{~F}$ or $107 \mathrm{HF}, 209 \mathrm{~F}$ or 209 HF , 211 F or $211 \mathrm{HF}, 215 \mathrm{~F}$
BUS 240 F or $240 \mathrm{HF}, 242 \mathrm{~F}$
CDES 120 F
COUN 151 F, 152 F, 163 F
ECON 101 F or $101 \mathrm{HF}, 102 \mathrm{~F}$ or 102HF
ETHS 101 F or $101 \mathrm{HF}, 111 \mathrm{~F}$ or $111 \mathrm{HF}, 129 \mathrm{~F}$ or $129 \mathrm{HF}, 130 \mathrm{~F}$ or $130 \mathrm{HF}, 131 \mathrm{~F}, 150 \mathrm{~F}, 151 \mathrm{~F}, 152 \mathrm{~F}, 153 \mathrm{~F}$ or $153 \mathrm{HF}, 159 \mathrm{~F}, 160 \mathrm{~F}, 170 \mathrm{~F}$, 171 F, $202 \mathrm{~F}, 235 \mathrm{~F}$ or 235 HF
GEOG 100 F or $100 \mathrm{HF}, 120$ F, 130 F, 160 F, 262 F
HIST 110 F or $110 \mathrm{HF}, 111 \mathrm{~F}$ or $111 \mathrm{HF}, 112 \mathrm{~F}$ or $112 \mathrm{HF}, 113 \mathrm{~F}$ or $113 \mathrm{HF}, 120 \mathrm{~F}, 121 \mathrm{~F}, 127 \mathrm{~F}, 151 \mathrm{~F}, 152 \mathrm{~F}, 154 \mathrm{~F}, 160 \mathrm{~F}, 161 \mathrm{~F}$, 165 F or $165 \mathrm{HF}, 170 \mathrm{~F}$ or $170 \mathrm{HF}, 171 \mathrm{~F}$ or $171 \mathrm{HF}, 190 \mathrm{~F}, 191 \mathrm{~F}, 270 \mathrm{~F}, 273 \mathrm{~F}, 275 \mathrm{~F}$
JOUR 110 F or 110 HF
POSC 100 F or 100HF, 110 F or 110HF, 120 F, 150 F, 200 F, 215 F, 216 F, 220 F, 230 F, 250 F, 275 F
PSY 101 F or $101 \mathrm{HF}, 131 \mathrm{~F}, 145 \mathrm{~F}, 202 \mathrm{~F}$ or $202 \mathrm{HF}, 221 \mathrm{~F}, 222 \mathrm{~F}, 225 \mathrm{~F}, 233 \mathrm{~F}, 251 \mathrm{~F}$ or 251 HF
SOC 101 F or 101HF, 102 F, 201 F, 230 F or $230 \mathrm{HF}, 250$ F, 275 F or $275 \mathrm{HF}, 277 \mathrm{~F}$ or $277 \mathrm{HF}, 280 \mathrm{~F}, 285 \mathrm{~F}$ or 285 HF , 290 F or 290 HF , 292 F or 292 HF
SOSC 125 F, 130 F
WMNS 100 F or 100 HF
Interdisciplinary Studies: Social Behavior and Self-Development Associate in Arts
PROGRAM CODE: $2 A 18166$
These courses provide students knowledge and understanding of social behavior and self-development. This area of emphasis is designed to prepare students to use their understanding of themselves and others to communicate and collaborate more effectively. It combines knowledge of theory with attention to personal growth and purpose, as well as health and wellness. Students learn to become citizens who care for themselves and others, ready to work with people in their communities. Participation in group activities and collaborative projects is a central focus of this emphasis, allowing students to experience group interactions in a variety of contexts. This emphasis includes lower division coursework that prepares students for social/health/human services majors and careers in people/community-oriented professions including social, health and recreational services. Veteran's Military Credit (DD214): Fullerton College will accept a veteran's DD-214 for credit towards Fullerton's Interdisciplinary Studies: Social Behavioral and Self-Development Associate in Arts degree as follows: 3 units for Area C) Health and Wellness.
Choose at least one course from each area below ( $\mathrm{A}, \mathrm{B}, \& \mathrm{C}$ ), then complete additional courses from areas A, B, and/or C to total 18 units.
A) Theory and Knowledge

ANTH 102 F or 102HF, 105 F or 105HF, 106 F, 209 F or 209HF, 211 F or 211 HF
BUS $108 \mathrm{~F}, 266 \mathrm{~F}$
CDES 120 F, 140 F, 201 F
CIS 100 F or 100 HF
COMM 100 F, 105 F, 120 F, 124 F, 135 F
ETHS 101 F or $101 \mathrm{HF}, 111 \mathrm{~F}$ or $111 \mathrm{HF}, 129 \mathrm{~F}$ or $129 \mathrm{HF}, 130 \mathrm{~F}$ or $130 \mathrm{HF}, 131 \mathrm{~F}, 150 \mathrm{~F}, 151 \mathrm{~F}, 152 \mathrm{~F}, 153 \mathrm{~F}$ or $153 \mathrm{HF}, 159 \mathrm{~F}$, 160 F, 170 F, 171 F, 235 F or 235 HF
GEOG 160 F
HIST 120 F, 121 F, 127 F, 170 F or $170 \mathrm{HF}, 171 \mathrm{~F}$ or $171 \mathrm{HF}, 270 \mathrm{~F}, 275 \mathrm{~F}$
PE 244 F, 250 F
POSC 100 F or $100 \mathrm{HF}, 110 \mathrm{~F}$ or 110 HF
PSY 101 F or 101HF, 110 F, 120 F, 131 F, 139 F, 145 F, 202 F or 202HF, 221 F, 222 F, 225 F, 251 F or 251 HF
SOC 101 F or $101 \mathrm{HF}, 102 \mathrm{~F}, 201 \mathrm{~F}, 230 \mathrm{~F}$ or $230 \mathrm{HF}, 250 \mathrm{~F}, 275 \mathrm{~F}$ or $275 \mathrm{HF}, 277 \mathrm{~F}$ or $277 \mathrm{HF}, 280 \mathrm{~F}, 285 \mathrm{~F}$ or 285 HF , 290 F or $290 \mathrm{HF}, 292 \mathrm{~F}$ or 292 HF
SOSC 125 F, 130 F
WMNS 100 F or 100 HF
B) Growth and Purpose

COUN 101 F, 110 F, 135 F, 140 F, 141 F, 143 F, 144 F, 148 F, 151 F, 152 F, 163 F, 193 F
C) Health and Wellness

HED 140 F; MIND 101 F, 105 F; NUTR 210 F or 210HF, 220 F;
PE 243 F, 248 F, 266 F, any Physical Education activity course; WELL 230 F
"Equivalent Disclaimer" - Courses taken at another college must be equivalent to courses offered at Fullerton College.

