



KINESIOLOGY

Associate in Arts Degree for Transfer

Program Code 2A36863

State Approved 6/6/2019

The Associate in Arts in Kinesiology for Transfer Degree, also called the Kinesiology AA-T Degree, prepares students to transfer to CSU campuses that offer bachelor's degrees in Kinesiology. This degree requires students complete 60 CSU transferable units, including completion of CSU GE or IGETC and 21-24 units in the major with a cumulative GPA of 2.0 or better. Title 5 requires that students earn a grade of "C" or better in all major coursework.

Note: It is strongly recommended that students meet with a Fullerton College counselor to review the AA-T requirements.

Recommendation: Look up CSU "similar majors: for this degree at www.adegreewithaguarantee.com

To receive your AA-T degree, you will need to complete a Fullerton College graduation application and turn it in to Admissions and Records by the graduation application deadline.

Legend: C - Completed IP - In Progress R - Remaining

Course ID	Course Title	Units	*C-ID	CSU GE	IGETC	C	IP	R
Required Course – 15 units:								
PE 252 F	Introduction to Kinesiology	3	KIN 100					
ANAT 231 F	General Human Anatomy	4	BIOL 110B	B2 + B3	5B + 5C			
ANAT 240 F	Human Physiology	5	BIOL 120B	B2 + B3	5B + 5C			
Movement Based Courses – Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three units: Aquatics, Combatives, Team Sports, Individual Sports, Fitness, or Dance.								
<i>Aquatics</i>								
PE 134 F	Beginning Swimming	1	AAM	E				
PE 149 F	Swim for Fitness	1	AAM	E				
PE 151 F	Aqua Aerobics	1	AAM	E				
PE 192 F	WaterPolo	1	AAM	E				
<i>Combatives</i>								
PE 103 F	Aikido	1	AAM	E				
PE 112 F	Fencing	1	AAM	E				
PE 163 F	Kickboxing	1	AAM	E				
PE 188 F	Self Defense-Boxing	1	AAM	E				
<i>Dance</i>								
DANC 111 F	Jazz I	1	AAM	E				
DANC 113 F	Tap Dance I	1	AAM	E				
DANC 114 F	Tap Dance II	1	AAM	E				
DANC 115 F	Hip Hop Dance I	1	AAM	E				
DANC 116 F	Social Dance	1	AAM	E				
DANC 140 F	Introduction to Ballet	2	AAM	E				
DANC 141 F	Ballet I: Beginning Ballet	2	AAM	E				
DANC 142 F	Ballet II: Advanced Beginning Ballet	2	AAM	E				
DANC 143 F	Ballet II: Intermediate Ballet	2	AAM	E				
DANC 160 F	Introduction to Modern Dance	2	AAM	E				
DANC 161 F	Beginning Modern Dance	2	AAM	E				
DANC 162 F	Advanced Beginning Modern Dance	2	AAM	E				
DANC 163 F	Intermediate Modern Dance	2	AAM	E				

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Fitness								
PE 102 F	Yoga	1	AAM	E				
PE 104 F	Spinning	1	AAM	E				
PE 114 F	High Intensity Interval Training	1	AAM	E				
PE 121 F	Walking for Fitness	1	AAM	E				
PE 129 F	Cardio Step	1	AAM	E				
PE 165 F	Lifetime Fitness	1	AAM	E				
PE 167 F	Cardio Kickboxing	1	AAM	E				
PE 182 F	Body Building/Body Development and Weight Lifting	1	AAM	E				
PE 193 F	Weight Training/Weight Lifting	1	AAM	E				
Individual Sports								
PE 105 F	Badminton	1	AAM	E				
PE 115 F	Golf	1	AAM	E				
PE 117 F	Gymnastics – Tumbling	1	AAM	E				
PE 127 F	Racquetball – Indoors	1	AAM	E				
PE 139 F	Tennis	1	AAM	E				
Team Sports								
PE 181 F	Intermediate/Advanced Basketball	1	AAM	E				
PE 189 F	Soccer II	1	AAM	E				
PE 203 F	Intercollegiate Basketball – Men	1	AAM	E				
PE 204 F	Intercollegiate Basketball – Women	1	AAM	E				
Restricted Electives – 6-9 units:								
MATH 120 F	Introductory Probability and Statistics	4	MATH 110	B4	2A			
	or							
MATH 120HF	Honors Introductory Probability and Statistics	4	MATH 110	B4	2A			
	or							
SOSC 120 F	Introduction to Probability and Statistics	4	MATH 110	B4	2A			
	or							
PSY 161 F	Elementary Statistics for Behavioral Science	4	MATH 110	B4	2A			
	or							
PSY 161HF	Honors Elementary Statistics for Behavioral Science	4	MATH 110	B4	2A			
BIOL 102 F	Human Biology	3	AAM	B2	5B			
	and							
BIOL 102LF	Human Biology Laboratory	1	AAM	B3	5C			
CHEM 101 F	Chemistry for Allied Health Science	5	AAM	B1 + B3	5A + 5C			
	or							
CHEM 111AF	General Chemistry I	5	CHEM 110	B1 + B3	5A + 5C			
PHYS 205 F	Physics for the Life Sciences I	4	PHYS 105	B1 + B3	5A + 5C			
	or							
PHYS 210 F	Physics with Calculus for the Life Sciences I	4	PHYS 205	B1 + B3	5A + 5C			
PE 235 F	First Aid, CPR, and Safety Education	3	KIN 101					
Total Units		21-24						

Revised 8/5/2020 KT

*C-ID refers to Course Identification Numbering System and provides common course numbers that are recognized by California Community Colleges and the CSU for increased transferability (<https://c-id.net>).