

## Kinesiology Associate in Arts Degree for Transfer

The Associate in Arts in Kinesiology for Transfer (AA-T), also called the Kinesiology AA-T Degree, prepares students to transfer to CSU campuses that offer a bachelor's degree in Kinesiology. Ed Code Section 66746-66749 states that students earning the Kinesiology AA-T Degree will be granted priority for admission as a Kinesiology major to a local CSU, as determined by the CSU campus to which the student applies. This degree requires students to complete 60 CSU transferable units including completion of CSU GE or IGETC and 21-24 units in the major with a cumulative GPA of 2.0 or better. Title 5 requires that students earn a grade "C" or better in all major coursework. There are no additional graduation requirements. Students with a degree in Kinesiology may pursue careers in a variety of health science professions including physical training, physical therapy, fitness instruction, coaching and athletics. The completion of this curriculum will demonstrate commitment to the field and provide comprehensive preparation for upper-division work. The Kinesiology AA-T Degree requires a total of 21-24 units in required courses and restricted electives from the categories below as indicated.

<b>Required Courses (15 Units)</b>	<b>Units</b>
WELL 265 F    Kinesiology	3
ANAT 231 F    General Human Anatomy	4
ANAT 240 F    Human Physiology	5
<b>Movement Based Courses (3 Units)</b>	
Take <u>one unit</u> from any three of the following five categories: Dance, Aquatics/Combatives, Fitness, Team Sports, Individual Sports	3
<b><i>Aquatics</i></b>	
PE 134 F      Swimming	1
PE 149 F      Swim for Fitness	1
PE 151 F      Water Aerobics/Pool Exercise	1
<b><i>Combative</i></b>	
PE 103 F      Aikido	1
PE 112 F      Fencing	1
<b><i>Fitness</i></b>	
PE 102 F      Yoga	1
PE 114 F      Cardiovascular Conditioning	1
PE 129 F      Step Aerobics	1
PE 148 F      Non-Impact Aerobics	1
PE 182 F      Body Building, Development and Weight Lifting	1
PE 193 F      Weight Training/Weight Lifting	1
<b><i>Dance</i></b>	
DANC 112 F    Jazz II	1
<b><i>Individual Sports</i></b>	
PE 117 F      Gymnastics	1
PE 127 F      Racquetball-Indoors	1
PE 142 F      Mountaineering/Rock Climbing	1

**Restricted Electives****Select courses (minimum 6 units) from the following (6-9 units total)**

	<b>Units</b>
MATH 120 F    Introductory Probability and Statistics	4
or	
SOSC 120 F    Introduction to Probability and Statistics	4
or	
PSY 161 F     Elementary Statistics for Behavioral Science	3
BIOL 102 F    Human Biology	3
and	
BIOL 102LF    Human Biology Laboratory	1
CHEM 101 F    Introduction to Chemistry	5
or	
CHEM 111AF   General Chemistry I	5
PHYS 205 F    Physics for the Life Sciences I	4
or	
PHYS 210 F    Physics with Calculus for the Life Sciences I	4
PE 235 F      First Aid, CPR, & Safety Education	3

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**Total Units****21 - 24**